





November 2011

Happenings



Unless noted, events are at held at the Northampton Senior Center, 67 Conz St., 587-1228

Tuesday Movies:
 "Eat, Pray, Love"
 Nov. 15 at 1 p.m.

 "Amahl & the Night Visitors"
 Dec. 20 at 1 p.m.

Shred Day
 Saturday, Nov. 19
 9 a.m.-12 p.m.
 Fundraiser for the
 Senior Center.


**Holiday
 Craft Fair**
 Sunday, Nov. 20, 9 - 2
 at Smith Vocational School
 

Breakfast Fundraiser
 Tuesday, Nov. 29, 7:30-9 a.m.
 Combo meals & a la carte
 items. Proceeds benefit
 the Senior Center.


Tuesdays	9:30-10:45 a.m.
Wednesdays-Fridays	11:30 a.m.-1 p.m.
Thursdays	1:30 p.m.
Fridays	1-2:30 p.m.
Tues., Nov. 1	10 a.m.-12 p.m.
Tues., Nov. 1	10 a.m.-12 p.m.
Mon., Nov. 7	6:30 p.m.
Tues., Nov. 8	2-7 p.m.
Tues., Nov. 8	7 a.m.- 8 p.m.
Wed., Nov. 9	1-3 p.m.
Wed., Nov. 9	1-3 p.m.
Thurs., Nov. 10	10-11 a.m.
Thurs., Nov. 10	1-3 p.m.
Thurs., Nov. 10	1:30 p.m.
Fri., Nov. 11	All Day
Mon., Nov. 14	10 a.m.-1 p.m.
Tues., Nov. 15	1 p.m.
Tues., Nov. 15	6:30 p.m.
Thurs., Nov. 17	10:30 a.m.
Thurs., Nov. 17	1 p.m.
Thurs., Nov. 17	1-3 p.m.
Fri., Nov. 18	11:30 a.m.
Fri., Nov. 18	2-4 p.m.
Sat., Nov. 19	9 a.m.- 12 p.m.
Sun., Nov. 20	9 a.m.-2 p.m.
Sun., Nov. 20	2 p.m.
Mon., Nov. 21	1-3:30 p.m.
Wed., Nov. 23	9:30 a.m.-12 p.m.
Nov. 23-25	Varies
Tues., Nov. 29	7:30 - 9 a.m.
Sat., Dec. 3	9 a.m. - 2 p.m.

Cup of Conversation: Enjoy a complimentary cup of coffee or tea.

Bistro: Lunch fare available to eat in or take out. Soup, sandwiches & more.

Bingo: Recreational bingo. 50¢ a card with cash prizes. Special games played.

Drop-In Group: For senior gay men. No fee, no registration. Walk-ins welcome.

PVTA Photo IDs: For disabled and senior citizens with documentation. Fee: \$1.

Blood Pressure Clinic: Free. Walk-ins welcome. Open to all seniors.

Swimming: 1st day for new session at Clarke School. Fee to participate.

Flu Shots: Open to everyone ages 18 and older. Please bring insurance info.

Election Day: Bistro open 11-3, Gift Shop open 8-7 & Coffee Shop open 7-7:30.

Flu Shots by Walgreens: Open to everyone with Medicare Part B.

Out Books On Wheels: Mobile LGBT library

Brown Bag: Food for Elders Program. Call the Food Bank to apply. 247-9738.

Flu Shots by CVS: Open to everyone with Medicare Part B

NCOA Board Meeting
CLOSED: The Senior Center will be closed in honor of Veterans' Day.

Card Making Class: With Betsy Scobel. Fee to participate.

Tuesday Afternoon Movie: "Eat, Pray, Love" For ages 55 and up. No cost.

Medicare Advantage Plan: Information session with Health New England.

Defying Gravity: Tips to reduce the risk of falling. Registration is required.

TRIAD Meeting

Readers & Thinkers: Book club meets to discuss current selection.

Bright Light Therapy: Information on a treatment for the "winter blues." Free.

Play Reading Group: Read excerpts from selected plays. All welcome. No fee.

Shred Day: Have your documents destroyed. Donation of at least \$6 requested.

Holiday Craft Fair: At Smith Vocational School. Fundraiser for the NCOA.

Community Concert: Jack Kowal Swing Band. Free and open to everyone.



Massage & Bodywork Clinics: \$10 fee. Advance registration is required.

Foot Clinic: With Dr. Michael Coby. Appointments are required. Fee: \$25.


CLOSED: The Senior Center will close at 12 p.m. on Wednesday, Nov. 23, for the Thanksgiving Holiday and will reopen on Monday, Nov. 28, at 8:30.

Good Morning Breakfast Fundraiser: Last Tuesday of each month in the Bistro.

Holidays Celebration Craft Festival: Featuring an array of handcrafted items.

Free Community Concerts
 Sunday, Nov. 20, 2-3 p.m.
 Jack Kowal Swing Band
 Sunday, Dec. 18, 2-3 p.m.
 Sweet Adeline's Heart of the Valley

**Holidays Celebration
 Craft Festival**
 Saturday, Dec. 3, 9 a.m. - 2 p.m.
 Featuring a wide array of
 handcrafted items


Holiday Dinner
 Sunday, Dec. 11 • 11:30-2
 For Northampton seniors.
 Tickets: \$12 per person


New Year's Luau
 Dec. 28, 1 p.m.
 Hawaiian games, food
 & entertainment. Fee.
